



Thursday, October 20, 1:05 – 2:30 PM HST

Beyond Biophilia: A Regenerative Design Approach for Human and Ecological Wellbeing

Presenters: Sonja Bochart, IIDA, LEED AP BD&C, WELL AP, LFA; and Richard V. Piacentini, WELL AP

Moderator: Scott Glass, AIA, Leed AP

This experiential session, led by a designer and owner, will provide an overview of a regenerative paradigm and approach to designing spaces and experiences that foster and nourish our innate human-nature connection to the natural world, supporting human and ecological wellbeing.

A regenerative approach, focusing on biophilia (our intrinsic connection to the natural world) is based on how living systems work to evolve capacity and realize greater healing potential. With this approach — one which places value on experiential essence-based design, including connection, mindfulness, emotion, and compassion, we can design in ways that can deepen and expand the meaningful relationships we have with within our communities and with the natural world around us.